

Parent and Family Support Service



Virtual sessions for parents

Now more than ever parents need a safe space to come together, share their experiences and get reliable information. That's why the Parental Engagement Team are launching regular 'Platform to Talk' sessions, led by experienced practitioners from the Schools and Families Team. The virtual sessions will cover a range of topical issues from health and well-being, family life, parenting, school and more.

The first session will be on the theme of growing up and will explore how to speak to children and young people about growing up, changes and relationships.

Platform to Talk: Growing Up

Monday 18 January at 10am

Join our discussion and gain an insight into the pressures children face and how you can keep them safe by building resilience and confidence.

To find out more, book your place or suggest themes for future sessions
email parentalengagement@towerhamlets.gov.uk